

TERIYAKI BOWLS

Chicken Bowl	\$11.49
Spicy Chicken Bowl	\$11.99
Chicken Breast Bowl	\$13.69
Salmon Bowl	\$16.69
Steak Bowl	\$16.69
Spicy Pork Bowl	\$13.99
Tempura Bowl	\$15.69
Shrimp Bowl	\$15.79
Tilapia Bowl	\$14.99
Tofu Bowl	\$11.99

Make it spicy for \$0.49

TERIYAKI BOWL COMBO

Salmon + Shrimp	\$18.99
Salmon + Steak	\$18.99
Salmon + Chicken	\$17.99
Salmon + Chicken Breast	\$18.49
Steak + Chicken	\$16.99
Steak + Chicken Breast	\$17.49
Steak + Shrimp	\$18.99
Shrimp + Chicken	\$17.49
Shrimp + Chicken Breast	\$17.99
Tilapia + Shrimp	\$16.99
Tilapia + Steak	\$17.99
Tilapia + Chicken	\$15.99
Tilapia + Chicken Breast	\$16.49

Make it spicy for \$0.49

SUSHI ROLLS

California Roll In: Crab Meat, Avocado, Cucumber Out: Sesame Seeds	\$11.99
California Spicy Roll	\$12.49
Spicy Tuna Roll In: Spicy Tuna, Avocado, Cucumber Out: Sesame Seeds	\$13.99
Cucumber Roll In: Cucumber Out: Sesame Seeds	\$10.49
Avocado Roll In: Avocado Out: Sesame Seeds	\$10.99
Veggie Roll In: Avocado, Cucumber, Sprouts Out: Sesame Seeds	\$10.99
Salmon Roll In: Salmon, Avocado, Cucumber Out: Masago	\$16.49
Spicy Salmon Roll In: Spicy Salmon, Avocado, Cucumber Out: Masago	\$16.99
Washinton Roll In: Crab Meat, Avocado, Cucumber Out: Salmon and Masago	\$16.99
Philadelphia Roll In: Salmon, Avocado, Cream Cheese Out: Masago	\$16.99
Mexican Roll In: Crab Meat, Avocado, Cucumber Out: Sriracha, Spicy Mayo	\$13.99
Red Dragon Roll In: Crab Meat, Cucumber, Tempura Shrimps Out: Spicy Tuna, Tempura flakes, Eel Sauce	\$16.49
Caterpillar Roll (Unagi) In: Crab Meat, Cucumber, Freshwater Eel Out: Avocado, Eel Sauce, Sesame Seeds, Green Onions	\$16.49
Big Roll In: Crab Meat, Cucumber, Tempura Shrimps, Unagui Out: Spicy Tuna, Avocado, Eel Sauce, Sesame Seeds, Green onions	\$16.49
Big Sushi Burrito In: Crab Meat, Avocado, Cucumber, Spicy Tuna, Tempura Shrimp Out: Soy Paper	\$17.79
Rainbow Roll In: Crab Meat, Cucumber, Avocado Out: Salmon, Shrimp Ebi, Tuna, Avocado	\$17.69
Tuna Roll In: Tuna, Avocado, Cucumber Out: Sesame Seeds	\$16.99
Hawaiian Roll (Tuna Roll) In: Crab Meat, Avocado, Cucumber, Sprouts Out: Tuna, Sesame Seeds, Ponzu sauce	\$16.99

COOKED-SUSHI ROLLS

Crunchy Roll In: Crab Meat, Cucumber, Tempura Shrimps Out: Rolled on Tempura flakes with Eel sauce	\$15.49
Crunchy California Roll In: Crab Meat, Avocado, Cucumber Out: Rolled on Tempura flakes with Eel sauce	\$13.49
Spicy Crunchy Roll In: Spicy Tuna, Cucumber, Tempura Shrimps Out: Rolled on Tempura flakes with Eel sauce	\$13.99
Teriyaki Chicken Roll In: Teriyaki Chicken, Cucumber, Avocado Out: Teriyaki Sauce	\$14.49
Teriyaki Steak Roll In: Teriyaki Steak, Cucumber, Avocado Out: Teriyaki Sauce	\$14.99
Crunchy Veggie Roll In: Avocado, Cucumber, Tempura Green beans Out: Rolled on Tempura flakes with Eel sauce	\$12.99
Crunchy Salmon Roll In: Tempura Salmon, Crab Meat, Avocado, Cucumber Out: Rolled on Tempura flakes with Eel sauce	\$17.49
Crab Roll In: Crab Meat, Soft Shell Crab, Avocado, Cucumber, Sprouts Out: Masago, Tempura Flakes with Eel Sauce	\$17.49
Unagui Roll In: Crab Meat, Avocado, Cucumber Out: Freshwater Eel, Eel Sauce, and Sesame Seeds	\$16.99

ALWAYS FRESH, MADE TO ORDER



MENU



12430 Day St STE C3, Moreno Valley, CA 92553



We Take Phone Orders
951-697-7707

Order on your favorite App



www.thebowlsg.com [The_Bowl_Sushi_N_Grill](#)

DEEP FRIED ROLLS

Tempura California Roll **\$14.99**
In: Crab Meat, Avocado, Cucumber | Out: Deep Fried and Eel Sauce

Tempura Crunchy Roll **\$15.59**
In: Crab Meat, Cucumber, Tempura Shrimps | Out: Deep Fried and Eel Sauce

Tempura Chicken Roll **\$15.99**
In: Teriyaki Chicken, Cucumber | Out: Deep Fried and Eel Sauce

Tempura Steak Roll **\$16.49**
In: Teriyaki Steak, Cucumber | Out: Deep Fried and Eel Sauce

Tempura Spicy Roll **\$14.99**
In: Spicy Tuna, Avocado, Cucumber | Out: Deep Fried and Eel Sauce

Las Vegas Roll **\$16.99**
In: Salmon, Avocado, Cream Cheese
Out: Deep Fried, Eel Sauce, and Masago

Buffalo Roll **\$18.99**
Inside: Melted Cheese, Buffalo Boneless, Tempura Shrimp
Outside: Deep-Fried, Crab Meat, Boneless, Green Onions, Creamy Ranch, Buffalo Sauce



SUSHI HAND ROLLS

California Hand Roll **\$6.49**

Philadelphia Hand Roll **\$6.49**

Salmon Hand Roll **\$6.49**

Spicy Salmon Hand Roll **\$6.49**

Spicy Crunchy Hand Roll **\$6.49**

Tuna Hand Roll **\$6.49**

Spicy Tuna Hand Roll **\$6.49**

Unagi / Eel Hand Roll **\$6.49**

Shrimp Hand Roll **\$6.49**

Tempura Shrimp Hand Roll **\$6.49**

Hand Roll Combo (Any 3) **\$15.99**

SUSHI NIGIRI

Shrimp Ebi Pair **\$5.49**

Salmon Nigiri Pair **\$5.49**

Tuna Nigiri Pair **\$5.49**

Unagi Eel Pair **\$5.49**

Sushi Nigiri Box 8 Pcs **\$18.99**



SPECIALTY ROLLS

King Roll **\$18.99**

In: Panko Shrimp, Avocado, Cream Cheese, Steak, Bacon
Out: Panko Deep Fried, Spicy Surimi, Avocado, Spicy Mayo, Green Onions, Spicy Surimi, Grilled Jalapeño

Rosarito Roll **\$18.99**

In: Panko Shrimp, Surimi, Avocado, Ebi Shrimp, Cucumber, Cream Cheese
Out: Panko Deep Fried, Spicy Chipotle Mayo, Green Onions, Masago Arare, Spicy Surimi, Grilled Jalapeño

Bacon Roll **\$18.99**

In: Buffalo Chicken, Panko Shrimp, Avocado, Melted Cheese
Out: Panko Deep Fried, Spicy Surimi, Bacon, Spicy Chipotle Mayo

Cuasi Crab Roll **\$18.99**

In: Crab Meat, Soft Shell Crab, Avocado, Cucumber, Sprouts
Out: Masago, Tempura Flakes, Spicy Chipotle Mayo, Eel Sauce

Shrimp Lovers Roll **\$18.99**

In: Tempura Shrimp, Cream Cheese, Avocado, Cucumber
Out: Shrimp Ebi, Eel Sauce, Sesame Seeds, Green Onions

Lucas Roll (Mar y Tierra/Surf & Turf) **\$18.99**

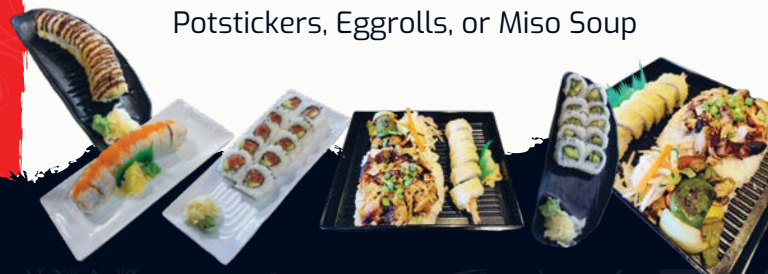
In: Crab Meat, Avocado, Steak, Tempura Shrimp
Out: Rolled on Tempura flakes with Chipotle, and Eel Sauce

Baja Roll **\$18.99**

In: Melted Cheese, Steak, Tempura Shrimps, Serrano Peppers, Avocado
Out: Crab Meat, Green Onions, Spicy Mayo, Eel Sauce, Jalapeños

SUSHI AND MEAT COMBO PLATES

Choose any Roll (6 Pcs),
Any Meat, and your choice of
Potstickers, Eggrolls, or Miso Soup



SIDES

Potstickers (Pork Gyoza) **\$5.99**

Spring Rolls **\$4.99**

Edamame **\$7.99**

Spicy Edamame **\$8.49**

Miso Soup **\$4.49**

Tempura Veggies **\$9.49**

Tempura Shrimp **\$9.99**

SALAD COMBOS

Spicy Sashimi Salad **\$17.99**

Seared Ahi Tuna Salad **\$17.99**

SALAD COMBO: \$14.99

STEP 1:

Choose your Salad Nami, Spring Mix, Cucumber

STEP 2:

Choose your Protein Chicken, Chicken Breast,
Steak, Salmon, Tilapia, Shrimp

Add a Miso Soup for **\$1.99**

KIDS MENU

Includes Apple Juice*

Kids Chicken Bowl **9.99**

Kids Spicy Chicken Bowl **10.49**

Kids Breast Bowl **10.49**

Kids Shrimp Bowl **10.99**

Kids Steak Bowl **11.49**

